

The Journey and RSE - Whole School Topic Overview



<u>Year Group</u>	<u>Autumn</u>	<u>Spring</u>	<u>Summer</u>
<u>Year 8</u>	<ul style="list-style-type: none"> • Personal Development and Target Setting • Can I Talk to You? • Discrimination, Teens and the Media • Managing my Behaviour to Achieve • Black History Month • Cancer Awareness • *War Memorial visit • Anti Bullying Week 	<ul style="list-style-type: none"> • Emotional Literacy and Self Awareness • Self confidence and Goals • Finance and Tax • *Caring for the Environment • *Domestic Conflict – extremism • *Preventing Radicalisation • *Extremism • *British Tolerance, Anti 	<ul style="list-style-type: none"> • **First Aid • Vaping, Nicotine and Addiction • Online safety quiz • County Lines • Our Hall Grove Legacy – film making • Exam Anxiety • Leavers Program • Teen pregnancy • Homophobia

	<ul style="list-style-type: none"> • Careers • Online grooming: BBC documentary 'Murder Games' • <i>**Internet Safety: parent talk</i> 	<ul style="list-style-type: none"> • Racism • Prejudice – Stereotypes and Disability • Body Image • What is Mindfulness? 	<ul style="list-style-type: none"> • Sexual Orientation • Pornography • *Safe Sex • Gender Identity • **Mental Health with Alice Palmer: Transition and Resilience
<u>Year 7</u>	<ul style="list-style-type: none"> • Healthy Eating • Anger Management • Can I Talk to You? • Resilience • Budgeting • Black History Month • Anti Bullying Week • Mental Health – depression • Periods • Boys Puberty 	<ul style="list-style-type: none"> • Puberty • Smoking and Drugs • Discrimination – racism • Finance • Relationships • Energy Drinks • Being Aspirational • Wants and Needs 	<ul style="list-style-type: none"> • **Study Skills • **First Aid • Exam Anxiety • Social Media • Nudes & Semi Nudes • Radicalisation and Extremism • Online safety quiz • Personal Identity – British Values

	<ul style="list-style-type: none"> • Shop ethically - Nike • Self Esteem 		<ul style="list-style-type: none"> • Panorama: Olly's Story
<u>Year 6</u>	<ul style="list-style-type: none"> • Body Image • Can I Talk to You? • Boys Puberty • Girls Puberty • Black History Month • Asking for Advice • Money • Attractions and Crushes • Anti Bullying Week • Mental Health – Intro • Respect and Differences 	<ul style="list-style-type: none"> • Dental Hygiene • Bacteria and Viruses • Keeping safe • *My identity and Community • Consent • Marriage and Civil Partnerships • Why People Drink 	<ul style="list-style-type: none"> • Hormones and Emotions • Drugs • Social Media • *Online Privacy • *Human Reproduction • Transition new class – new school • Diversity in the UK • Online Gaming

<u>Year 5</u>	<ul style="list-style-type: none"> • *Internet and Screen Time • Careers and Stereotypes 	<ul style="list-style-type: none"> • Helping out with babies • Stranger Danger 	<ul style="list-style-type: none"> • Healthy Habits • Sun Safety
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	<ul style="list-style-type: none"> • Can I Talk to You? • Fake News • Black History Month • Fireworks • Understanding Emotions • Mental Health and Illness • The Environment 	<ul style="list-style-type: none"> • Online Behaviour • Self Worth • Success • Responsibility • Courtesy • Grief 	<ul style="list-style-type: none"> • Medicines • First Aid • Respect • Friendships • Disability: Billy Monger
<u>Year 4</u>	<ul style="list-style-type: none"> • Allergies and anaphylaxis • Germs and illness • Vaccinations • Drugs and medicines • Habits and addiction • Communicating • Cyberbullying • Harmful content and • Hurtful behaviour • Secrets 	<ul style="list-style-type: none"> • Value for money • Responsible spending • Keeping track of money • Gambling and risk • What is advertising? • Staying healthy • Growing up - girls • Growing up - boys • Changing emotions • Personal hygiene 	<ul style="list-style-type: none"> • Fake images • Digital footprints • Diverse communities • Racism • Prejudice and discrimination • Committed relationships • Honesty and trust • Positive friendships • Dares, risk, and online challenges

			<ul style="list-style-type: none"> • Respecting difference
<u>Year 3</u>	<ul style="list-style-type: none"> • Feelings and me • Resilience and self-esteem • Exercise and wellbeing • Personal identity • Strengths and interests • Role models • Manners and politeness • Family and me • People who care for me • Caring for others 	<ul style="list-style-type: none"> • Jobs and sectors • Careers and skills • Targets and goals • Career routes and qualifications • Stereotypes and women in STEM • Personal safety and risk • Fire safety • Healthy eating • What is a habit? • Healthy choices 	<ul style="list-style-type: none"> • Seeking permission • Privacy and boundaries • Friendship boundaries • Respectful behaviour • Bullying and hurtful behaviour • Rules and laws • Rights and responsibilities • E-safety • Age-appropriate content • Why is the news important?
<u>Year 2</u>	<ul style="list-style-type: none"> • What is the Internet? • Personal Data • Online Safety 	<ul style="list-style-type: none"> • Making Friends • Being a Good Friend • Playing with Others 	<ul style="list-style-type: none"> • Human Lifecycle • Brilliant Bodies • Safety and Risk

	<ul style="list-style-type: none"> • Online Information • Community • Same and Different • What is Money? • Ways to Pay • Earning Money • Saving and Spending • Wants and Needs 	<ul style="list-style-type: none"> • Working with Others • Manners and Respect • Resolving Conflict • Healthy Habits • All About Teeth • Sleep Routines • Medicines • All About Feelings • How to Manage BIG Feelings 	<ul style="list-style-type: none"> • Safety at Home • Road Safety • Accidents and Emergencies • Feeling Lonely • Bullying • Unkind Words • Kindness • Secrets and Surprises
<u>Year 1</u>	<ul style="list-style-type: none"> • This is me • How we grow • What are feelings? • Feelings and Loss • How we play and learn • Staying Safe • Respect • Polite Words 	<ul style="list-style-type: none"> • All About Rules • Online World • Online Safety • Strengths and Interests • Jobs and Skills • Welcoming Everyone • Caring for Living Things • Recycling 	<ul style="list-style-type: none"> • People Who Care for Me • What is a Family? • Family and Me • All About Bodies • My Body Belongs to Me • Asking for Permission • Keeping Clean • Healthy Teeth

	<ul style="list-style-type: none"> • Sharing and Taking Turns • Being helpful • Being Kind • Getting Hurt 	<ul style="list-style-type: none"> • Plastic and Pollution • Global Warming • My Classroom Community • Community Helpers 	<ul style="list-style-type: none"> • Fun in the Sun • Healthy Food • Eating Well • Keeping Fit and Healthy
<u>Early Years</u>	<p>New beginnings</p> <p>Self-awareness</p> <p>Motivation</p> <p>Social skills</p> <p>Empathy</p> <p>Getting on and falling out</p> <p>Managing feelings</p> <p>Empathy</p> <p>Social skills</p> <p>Say no to bullying</p>	<p>Going for goals!</p> <p>Motivation</p> <p>Self-awareness</p> <p>Good to be me</p> <p>Self-awareness</p> <p>Managing feelings</p> <p>Empathy</p> <p>Relationships</p> <p>Self-awareness</p> <p>Managing feelings</p> <p>Empathy</p>	<p>Relationships</p> <p>Self-awareness</p> <p>Managing feelings</p> <p>Empathy</p> <p>Changes</p> <p>Motivation</p> <p>Social skills</p> <p>Managing feelings</p>

**cross curricular*

*****external delivery***

Red – denotes RSE